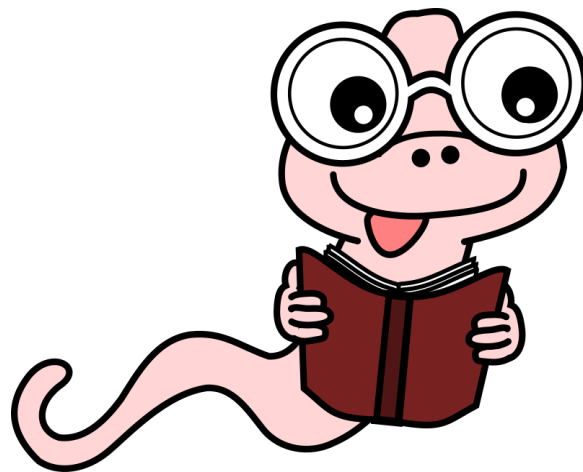




Book List

Recommended books for Parents, Guardians and Professionals
supporting bereaved children and young people






Registered Charity 1158138









Books













There are many books about bereavement and we have listed some below. We have colour coded them to help you.


-  Children and Young People
-  Parents and Carers
-  Childcare Professionals













Most of the books below are available to buy on Amazon. You can also raise money for Mosaic whilst shopping online, at no cost to yourself, by using EasyFundraising.org.uk.


	<p>Goodbye Mousie (under 5 yrs) <i>Robie H Harris</i> A good story to help introduce death to young child</p>
	<p>Death: I miss you (A first look at) (under 5 yrs) <i>Pat Thomas</i> Very good educational book for introducing death to children</p>
	<p>Guess How Much I Love You (under 5 yrs) <i>Sam McBratney</i> Talking about how much you love someone</p>
	<p>Is Daddy Coming Back in a Minute? (under 5 yrs) <i>Elke Barber</i> Explaining sudden death to pre-school children</p>
	<p>What happened to Daddy's body? (under 5 yrs) <i>Elke Barber</i> Explaining what happens after death to young children</p>
	<p>No Matter What (under 5 yrs) <i>Debi Gliori</i> A mother explaining how her love will never ever run out</p>
	<p>Granpa (under 5 yrs) <i>John Burningham</i> Story of the relationship between Granpa and his granddaughter</p>
	<p>Water Bugs and Dragonflies (5–8yrs) <i>Doris Stickney</i> Explaining Death to Young Children</p>
	<p>Always and Forever (5-8 yrs) <i>Alan Durant</i> Otter, Mole and Hare miss Fox when he is ill and dies. They find ways to remember him</p>
	<p>Are you Sad Little Bear? (4–7 yrs) <i>Rachel Rivett</i> A book about learning to say goodbye</p>





	<p>Someone has Died Suddenly (up to 10 yrs) Someone has Died in a Road Crash <i>Mary Williams OBE.</i> Purchase via www.amyandtom.org Books for adults and children to read together that addresses many of the questions young children have about sudden death</p>
	<p>Chocolate Chipped (Up to 8yrs) <i>Shelley Gilbert & Vicky Baruch</i> A unique scratch and sniff book introducing the importance of smell as a memory sense</p>
	<p>Lucy's Story (Up to 10yrs) <i>Anna Jacobs</i> A child's story of family grief and loss</p>
	<p>Saying Goodbye to Hare (5–9 yrs) <i>Carol Lee & Donna Bell</i> A story about death and dying</p>
	<p>The Huge Bag of Worries (5-8 yrs) <i>Virginia Ironside</i> This lovely book encourages children to talk about their worries</p>
	<p>A Niffleloo Called Nevermind (5–9yrs) <i>Margot Sutherland</i> Helping children with their feelings</p>
	<p>The Frog Who Longed for the Moon to Smile (5–10 yrs) <i>Margot Sutherland</i> A story for children who yearn for someone they love</p>
	<p>The Day the Sea Went Out and Never Came Back (5–10 yrs) <i>Margot Sutherland</i> A story for children who have lost someone they love</p>
	<p>The Lonely Tree (4-8 yrs) <i>Nicolas Halliday</i> An illustrated picture book which helps children and their families in times of loss or change with the gentle reassurance that saying goodbye is a natural part of life</p>
	<p>I Miss My Sister (4-10 yrs) <i>Sarah Courtauld.</i> Purchase through Child Bereavement UK. Helps guides a child through different emotions they may encounter following the death of a sibling</p>
	<p>Missing Mummy: A book about Bereavement (Up to 8 yrs) <i>Rebecca Cobb</i> A story about a small boy trying to make sense of his Mother's death and the importance of repeated clear communication</p>
	<p>My Brother and Me (4-10 yrs) <i>Sarah Courtauld.</i> Purchase through Child Bereavement UK. Deals with issues surrounding a sibling's serious illness, stays in hospital and how</p>

	he copes with different emotions and feelings
	Badgers Parting Gifts (3-10 yrs) <i>Susan Varley</i> A story about how his friends react to Badger's death and coming to terms with it
	Finding a way through when someone close has died (up to 12 yrs) <i>Pat Mood & Lesley Whittaker</i> A workbook by young people for young people
	Michael Rosen's Sad Book (9yrs +) <i>Michael Rosen</i> Honest book that will appeal to both children and adults about how sad the author feels when thinking about his son who died
	What on Earth do you do when someone dies? (9-12 yrs) <i>Trevor Romain</i> A factual guide for older children answering some of their questions. 'Why do people have to die?' 'Is it okay to cry?'
	Two Weeks with the Queen (11-13 yrs) <i>Morris Gleitzman</i> Colin is on a quest to get help from the Queen to help his sick brother
	Vicky Angel (12-19yrs) <i>Jacqueline Wilson</i> Story of a girl losing her best friend in an accident
	The Lost Boy's Appreciation Society (13-16yrs) <i>Alan Gibbons</i> A teenage story about how a Mother's death impacts a teenager's life
	Milly's Bug-Nut (7-11 yrs) <i>Jill Janey</i> Story of a family finding their way through bereavement
	Rory's Story: A teenage story of loss <i>Anna Jacobs</i> Story of a teenager coping with the loss of his mother and being bullied at school
	We get it: Voices of grieving college students and young adults <i>Heather L. Servaty-Seib & David C. Fajgenbaum</i> Bereaved students share their experiences of grief and give guidance to others
	The Grieving Teen (10-18 yrs) <i>Helen Fitzgerald</i> A guide for teenagers and their friends
	Ways to Live Forever <i>Sally Nicholls</i> Story about a teenager with a terminal illness

	<p>Muddles, Puddles and Sunshine (under 10 yrs) <i>Diana Crossley</i> An activity book for children about their special person</p>
	<p>When Someone Very Special Dies <i>Marge Heegaard</i> Activity book for children to cope with their grief</p>
	<p>Remembering <i>Dianne Leutner</i> A workbook for young children about the person who has died</p>
	<p>Someone I know has died (under 7 yrs) <i>Trish Phillips</i>. Purchase through Child Bereavement UK An activity book for bereaved children</p>
	<p>Help Me Say Goodbye (Under 8 yrs) <i>Janis Silverman</i> Activities for helping children cope when a special person dies</p>
	<p>The Secret C: Straight talking about cancer <i>Julie A Stokes</i> Advice on how to support a child where a family member is affected by cancer</p>
	<p>Sad Isn't Bad (Up to 8 yrs) <i>Michaelene Mundy</i> A guidebook with questions for children dealing with loss</p>
	<p>It's Ok to be Sad (4-9 yrs) <i>Margaret Collins</i> Activities to help children aged 4 to 9 manage loss, grief or bereavement</p>
	<p>Helping Children Cope With Grief: Facing a death in the family <i>Rosemary Wells</i> Guidance to help grieving children and young people with anxieties and worries</p>
	<p>Grief in Children (A Handbook for Adults) Grief in Young Children (A handbook for Adults) <i>Atle Dyregov</i> Explains children's understanding of death at different ages and how adults can help them</p>
	<p>What Does Dead Mean? (4 yrs +) <i>Caroline Jay & Jenni Thomas</i> A book for young children to help explain death and dying</p>
	<p>The Children Who Lived <i>Kathryn and Marc Markell</i> Using Harry Potter and other fictional characters to help grieving children and adolescents</p>
	<p>Where's My Mum NOW? <i>Brian Cranwell</i> Children's perspectives on helps and hindrances to their grief</p>

	<p>Beyond the Rough Rock: Supporting a child who has been bereaved through suicide <i>Di Stubbs & Julie A Stokes</i> How to explain suicide to your child.</p>
	<p>Hope Beyond the Headlines: Supporting a child bereaved through murder or manslaughter <i>Di Stubbs</i> Helping children and young people deal with the difficult emotions of a traumatic death</p>
	<p>Children also Grieve: Talking about death and healing <i>Linda Goldman</i> Helps children understand the many different emotions regarding death</p>
	<p>Out of the Blue: Making memories last when someone has died <i>Julie A Stokes</i> A book of activities for teenagers helping them remember the person who died and helping them express their thoughts and feelings</p>
	<p>You Just Don't Understand: Supporting bereaved teenagers <i>Helen Mackinnon</i> Practical advice on how best to support grieving teenagers</p>
	<p>As Big As It Gets: Supporting a child when a parent is seriously ill <i>Julie A Stokes</i> Practical advice on supporting a child or young person when facing a family member with a terminal illness</p>
	<p>Grief Encounter Workbook <i>Shelley Gilbert</i> A workbook to help children and young people express their grief</p>
	<p>Interventions with Bereaved Children <i>Susan C Smith & Margaret Pennells</i> Different approaches to supporting grieving children</p>
	<p>Talking about Death: A dialogue between Parent and Child <i>Earl A. Grollman</i> Sensitive guidance on talking to children about death</p>
	<p>Supporting Children through Grief & Loss <i>Anna Jacobs</i> Practical ideas and creative approaches to supporting grieving children</p>
	<p>Supporting Teenagers through Grief & Loss <i>Anna Jacobs</i> Practical ideas and creative approaches to supporting grieving teens</p>
	<p>Talking with Young People and Children about Death and Dying <i>Mary Turner</i> Practical advice and workbook for supporting grieving children</p>

	<p>Then, Now and Always: Supporting children as they journey through grief <i>Julie A Stokes</i> A guide for practitioners. Interventions when working with bereaved children</p>
	<p>The Grieving Child: A Parents Guide <i>Helen Fitzgerald</i> Help in understanding death from a child's perspective</p>
	<p>Healing Children's Grief: Surviving a Parent's Death from Cancer <i>Grace Hyslop Christ</i> Explains how different families may grieve</p>
	<p>Continuing Bonds – New Understandings of Grief <i>Dennis Klass, Phyllis R Silverman, Steven L Nickman</i> The importance of recognising the relationship with the deceased during the grieving process</p>
	<p>Children and Grief: When a parent dies <i>J William Worden</i> Highlights the variation in mourning</p>
	<p>Good Grief 1: Exploring feelings, loss and death with under 11s Good Grief 2: Exploring feelings, loss and death with over 11s & adults <i>Barbara Ward</i> Activity books exploring feelings, loss and death</p>
	<p>Communicating with Children when a Parent is at the End of Life <i>Rachel Fearnley</i> Guidance on the importance of sensitive and clear communication when a family member is terminally ill</p>
	<p>After Suicide: Help for the bereaved <i>Dr Sheila Clark</i> Help with understanding the various emotions after a loved one's suicide</p>
	<p>How people with Autism grieve, and how to help <i>Deborah Lipsky</i> An insider view on how it feels to be a person with Autism dealing with grief</p>
	<p>Never the Same <i>Donna Schuurman</i> Coming to terms with the death of a parent</p>
	<p>The Family Has Been Informed <i>Helen Mackinnon</i> Supporting bereaved children and young people from families in the military</p>
	<p>FINK Cards – Conversations about loss and Change KS2 <i>Purchase from Child Bereavement UK</i> Thought provoking question cards around subjects of loss and change</p>

	<p>Blob Cards <i>Pip Wilson</i> Practical cards to facilitate conversations about feelings; topics include Feelings, Emotions, Family Life, Bereavement, Anger, Teenage Life</p>
	<p>Bear Cards: Feelings <i>John Veehen</i> Practical cards to facilitate discussions about feelings for younger children</p>
	<p>Blob E Book: Child Bereavement <i>Pip Wilson</i> E book with blob characters covering many death scenarios to prompt conversations</p>
	<p>Draw on your Emotions <i>Margot Sutherland</i> Activity workbook to explore feelings</p>

Our contact details

3 Barnes Croft
 Coles Lane
 Milborne St Andrew
 Blandford
 Dorset DT11 0LG
 01258 837071

Info@mosaicfamilysupport.org

www.mosaicfamilysupport.org.uk

Tracy Mack-Nava – Development and Training Co-ordinator

Tracy@mosaicfamilysupport.org

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Supporting bereaved children